

**MOUNTAIN VIEW LOS ALTOS HIGH SCHOOL DISTRICT
BOARD OF TRUSTEES
PROCLAMATION NO. 21/22-7: SUICIDE PREVENTION MONTH**

WHEREAS, September is recognized as Suicide Prevention Month, a time when millions of people around the world join their voices to raise awareness of suicide prevention, treatment and recovery; and

WHEREAS, the Mountain View Los Altos High School District recognizes that suicide is a leading cause of death among youth and supports actions in preventing suicide ideation, attempts, and deaths; and

WHEREAS, this is a time that is dedicated to bringing visibility to the role everyone in the community can play in preventing suicide and to encourage all community members to know the signs, find the words, and reach out to someone they are concerned about; and

WHEREAS, education about the warning signs of suicide, the value of preventative measures and the best methods to support those in need is essential to our community; and

WHEREAS, the Mountain View Los Altos High School District continues to coordinate the collaborative efforts of community partners in development and implementation of evidence-based suicide prevention, intervention and postvention strategies; and

WHEREAS, the stigma associated with mental health conditions and suicide hinders suicide prevention by discouraging at-risk individuals from seeking life-saving help and further traumatizes survivors of suicide loss and people lived experience of suicide.

NOW, THEREFORE, the Board of Trustees of the Mountain View Los Altos High School District, do hereby proclaim the month of September 2021, as Suicide Prevention Month.

Adopted by the Mountain View Los Altos High School District Board of Trustees on August 23, 2021.

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

Fiona Walter, Board President

Catherine Vonnegut, Vice-President

Debbie Torok, Clerk

Sanjay Dave, Trustee

Phil Faillace, Trustee

Nellie Meyer, Superintendent