

Brooke Lang

STUDENT OF THE MONTH

Los Altos High School

October 2020



Senior

Los Altos High School is proud to recognize Brooke Lang as our October Student of the Month. It is an honor to recognize Brooke's accomplishments throughout her time at Los Altos High School.

Brooke is very involved at Los Altos High School, having participated in soccer for the last three years, and competing in Track during Freshmen year. Her soccer teammates and coaches all love Brooke and her positive attitude and dedication to the sport and team. Brooke is also a member of the National Honors Society, and an AVID tutor on campus. She discovered her new passion for tutoring this year, as it has given her a chance to socialize and meet new people from all grades on campus.

One of Brooke's aspirations in the future is to pursue a career in the medical field, and she hopes to complete medical school after college. The summer before Junior year, Brooke participated in a cardiothoracic surgery skills internship run by Stanford Medical School. She attended many anatomy lectures and even performed an artificial valve replacement in a sheep's heart at the end of the program. She expressed that this program helped her to find her passion for medicine and anatomy.

Another eye-opening experience for Brooke was her medical mission to Ethiopia. She worked in a hospital, followed by a trip to a refugee camp. She stated that the refugee camp was the most memorable moment of her time in Ethiopia because of the helpless state she and her team were in. It increased her appreciation for the doctors and resources we have here in the United States, and gave Brooke the desire to go back one day and continue to help the people of Ethiopia.

Before the pandemic, Brooke taught acro-yoga to adults and worked at a circus camp for children, teaching them how to do aerial silks. She is looking forward to a time when she will be able to teach acro-yoga and aerial silks again.

Brooke credits her parents and aunt for allowing her to step outside of her comfort zone - granting her experiences that have given her the opportunity to find her passions and push her to better herself.

Congratulations, Brooke Lang, for receiving October Student of the Month and for all of your amazing successes and dedication to give back to your community and school. We can't wait to see all of the amazing accomplishments coming your way in the near future!