

**Kara Chou**  
**STUDENT OF THE MONTH**  
**Los Altos High School**  
**September 2023**



Senior

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Los Altos High School is proud to recognize Kara Chou as our September 2023 Student of the Month.

Kara is a student athlete, and a 4-year Varsity Starter for the Los Altos High School Girls Golf team. While on the team, they were the first girls golf team in school history to advance to the Northern California Regional Championships. In addition, she has twice been ranked on the SCVAL All-League Second Team. Kara loves to help other students improve their golf game as well. In summer, she is a junior coach at First Tee of Silicon Valley, where she mentors over 100 kids in golf skills and character development.

Kara is dedicated to improving the mental health of teens in her community. As a member of the CHAC Teen Advisory Council and SCCOE Student Wellness Advisory Group, she advocates for the destigmatization of mental health and raises funds for wellness centers in schools. She was a Non-Trivial Fellow, where she was granted funds to continue her research in artificial intelligence for early detection of mental illness.

At Los Altos, Kara is also vice president of the Math club, where she works with middle schoolers in the Eagan Math team, and she is the co-founder of the Girls who Code club, where she leads the all girls team in Teamscode competitions. In addition to her work with students in middle and high school, Kara tutors at San Antonio Math Include, a nonprofit providing free math lessons to students of all ages.

Last summer, Kara attended the Canada USA Mathcamp, where she learned from experts in Graph Theory, Linear Algebra, Group Theory, Cryptography and Knot Theory. As part of her application, she completed a proof-based problem set for my application and submitted 38 pages of proofs.

Kara's favorite classes have been AP Statistics and AP English Language. This year, she is most excited for Advanced Scientific Investigations, where she will be researching teammate-modeling in card games. After graduation, Kara hopes to attend college and receive a bachelor's degree in mathematics.

Congratulations Kara Chou for receiving the September Student of the Month and for success and dedication in contributing to the school and community.