

MVLA

HIGH SCHOOL DISTRICT

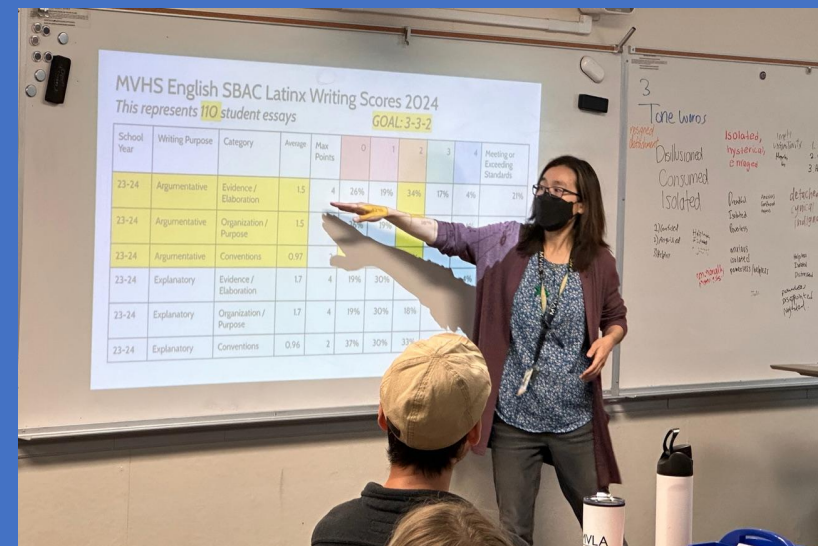


**Superintendent's Report
September 9, 2024**

Santa Clara County Teacher of the Year



Congratulations to
ESTHER WU,
MVHS English Teacher and
MVLA's Teacher of the Year,
for being named a Santa Clara
County Teacher of the Year!



Alta Vista High School



Alta Honor Roll

Principal's List (80+ Points) and Honor Roll (70+ Points)

Alta Vista High School



Alta Vista Back to School Night

Los Altos High School



Eagles Back-to-School Night & Blu Crew activities

Los Altos High School



MVLA Foundation held a new family coffee at LAHS

Mountain View High School



MVLA Foundation New Family
Coffee at MVHS



Spartans Back-to-School Night



Mountain View High School



MVHS Green Team promoting "Composting for a Popsicle" campaign



Spartans Pause returns!
(Great photos from MVHS Oracle!)

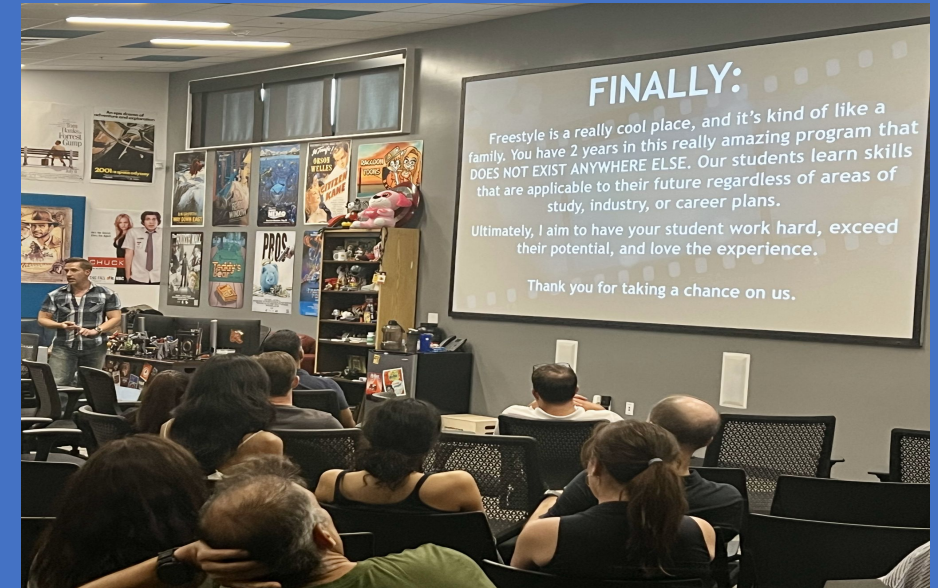


Freestyle Academy

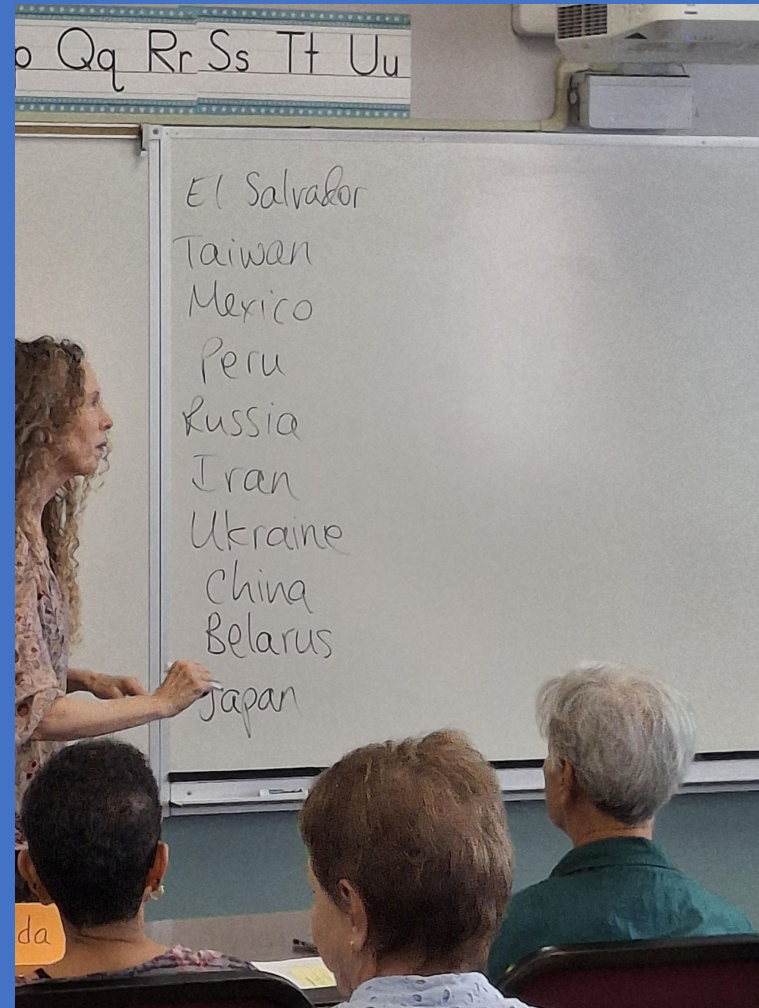


Smiling Faces from
Freestyle Students
2024-2025

Back to
School Night



Adult School



First Day of Classes at MVLA Adult School

Middle College / College Now



Last Thursday, College Now students joined program leaders to tour Foothill Campus. They met student leadership, activity coordinators and campus safety representatives.



MVLA & Mentor Tutor Connection



Alta Vista High School hosted an event with Mentor Tutor Connection where students from Alta Vista, Los Altos, and Mountain View packaged hygiene kits to distribute to unhoused in our community. Mentees also decorated bags for Hope's Corner as part of the Compassion Week Program.

Students And Mental Health Awareness



9.12.24

5TH ANNUAL SUICIDE PREVENTION CONFERENCE

MORGAN HILL COMMUNITY & CULTURAL CENTER

COUNTY OF SANTA CLARA Behavioral Health Services
Supporting Wellness and Recovery

Students Uplifting Students to Prevent Suicide

11:00am - 12:10pm
Mira Monte

In this session, attendees will learn from a teacher and students who have implemented student-led initiatives to increase mental health awareness and educated their school community to prevent suicide together. This group of student leaders will share how they create events and lessons for their peers to destigmatize mental health challenges, open the discussion about mental health, and help the school community to see that suicide prevention is a community effort. In this session, you will learn about preventative wellness events, mental health awareness events and lessons, and our annual Unity Walk for Suicide Prevention. You will also learn how to increase community engagement and build partnerships with nonprofit organizations to support your goals. The session will be conducted in both large group and small group, catered to what you are most interested in around suicide prevention. All materials will be shared in a folder that can be adapted to your school site or organization.


Lauren Camarillo

Lauren Camarillo (she/her) is a teacher and Ambassadors Advisor at Mountain View High School. She supported her students in developing MVHS' first ever Mental Health Awareness Week and Unity Walk for Suicide Prevention, and is an advocate for creating educational communities that promote belonging, inclusion, wellness, and mental health awareness. She is proud that the Ambassadors Program received the Santa Clara County Hoffman Award for Program Excellence, and she received the honor of 2023 California Teacher of the Year.


Aria Rani Sindedecker

Aria Rani Sindedecker (she/her) is an 11th grader, the Mental Health Lead of MVHS Ambassadors, and has been a mental health advocate for five years. She is also the student creator of the new MVHS Peer Counseling organization. Rani is a mental health advocate, having done public speaking for and worked with various organizations and institutions. She is also a documentarian having created four award-winning short films about mental health. Check out her website to learn more: <https://www.ariarani.com/>.


Natalie Lien

Natalie Lien (she/her) is a 12th grader at MVHS and the President of MVHS Ambassadors.


Kyle Hernández

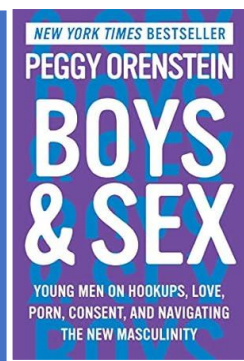
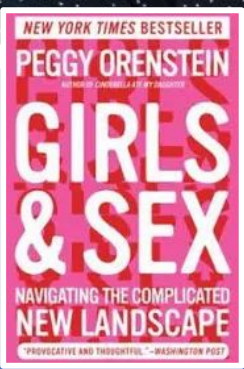
Kyle Hernández (they/she) is a 12th grader at MVHS and in the Multilingual Learner Committee of MVHS Ambassadors.

MVHS Ambassadors Advisor Lauren Camarillo and three Ambassadors will be presenting at this week's SCC Behavioral Health Suicide Prevention Conference, where they will be highlighting student-led suicide prevention efforts.

Kudos to Lauren and the Ambassadors for all of their work in reducing stigma, creating safe and healing spaces on campus, fostering an inclusive and caring community, and saving lives!

MVLA
Parent
Education

Speaker
Series



NEXT UP:
Peggy Orenstein

Let's Talk About Sex: How a New Generation Navigates Hookups, Porn, Love & Consent

Tuesday, September 17, 2024 | 7PM | LAHS Eagle Theatre

Orenstein's talk blends her research with voices from a diverse range of genders to explore how media, hookup culture, and evolving views on consent and pleasure shape young people's sexual experiences.

With humor and empathy, she debunks myths and equips parents, educators, and youth with tools for fostering safe, satisfying relationships.

Important Dates

MVLA Parent Education Speaker Series

- 7:00 p.m., Tuesday, September 17, 2024 - LAHS Eagle Theatre
 - Peggy Orenstein - *“Let’s Talk About Sex: How a New Generation Navigates Hookups, Porn, Love & Consent”*
- 7:00 pm., Wednesday, October 30, 2024 - Covington Elementary
 - Jennifer Wallace - *“Never Enough: Mattering as a Solution to Toxic Achievement Pressure”*

MVLA Board of Trustees Meetings:

- 7:00 p.m., Monday, September 23, 2024
- 7:00 p.m., Tuesday, October 15, 2024
- 7:00 p.m., Monday, October 28, 2024



Thank You!

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