## **MVLA Continuum of School Counseling Services**

## **Parent Presentations**

- 1. Freshman Parent Presentation at Back to School Night "Welcome to MVHS/LAHS"
  - a. Introduce the academic counselors and roles
  - b. Outline of high school requirements + college requirements
  - c. Extracurriculars & how your child can get involved
  - d. Intro College & Career Center
  - e. How parents can support child in first year
- 2. Sophomore Parent Night
  - a. Reminder of high school requirements + college requirements
  - b. Summer opportunities for sophomores through the CCC
  - c. College admission exam overview
  - d. How to support soon-to-be Junior/What to expect junior year
  - e. Overview of SEL workshops
- 3. Junior Parent Night Collaboration with College & Career Center
  - a. College application timeline
  - b. Overview of college types
  - c. College list building tips & using Naviance
  - d. Utilizing the College & Career Center
  - e. Overview of Junior Interview
- 4. Senior Parent Night
  - a. College application process
  - b. Reminder of college list tips & Naviance
  - c. Teacher & Counselor Letter of Recs
  - d. Final senior grad reminders
  - e. Financial Aid

Benefits –

- Fully integrates the College & Career Center as part of our counseling services starting freshman year.
- Allows parents to attend information sessions outside of normal work hours.
- Equitable: All parents receive important information at the same time.
- Defines services between school counselors and college counselors so families know who can support them. Ie school counselors for letters of recommendation & academic planning vs. college list building & essay review.